1010134221011107685

Year /Semester

Code

Name of the module/subject

Field of study

Time Management

Env	rironmental Engir	neering Extramural First-	(general academic, practical) (brak)	1/2
Electiv	e path/specialty	-	Subject offered in: Polish	Course (compulsory, elective) elective
Cycle	of study:		Form of study (full-time,part-time)	•
First-cycle studies			part-time	
No. of	hours		1	No. of credits
Lectu	ire: 16 Classe	s: Laboratory:	Project/seminars:	2
Status	of the course in the study	program (Basic, major, other)	(university-wide, from another field	d)
		(brak)	(k	orak)
Educa	tion areas and fields of sci	ence and art		ECTS distribution (number and %)
tech	nical sciences			2 100%
	Technical scie	2 100%		
em tel. Fa	inż.Rafał Mierzwiak pail: rafal.mierzwiak@p +48691504270 culty of Engineering Ma Strzelecka Str. 60-965	anagement		
Prer	equisites in term	s of knowledge, skills an	d social competencies:	
1	Knowledge	Basic knowledge concerning humanistic disciplines		
2	Skills	Basic skills concerning analysis and searching for information to use in professional practice		
3	Social competencies	Considering the meaning of organising self work as a component of successful functioning in work and social environments		
Assı	umptions and obj	ectives of the course:		
time.	In a result, the students	s acquiring knowledge and skills b s will gain an ability to create their sional work. Classes will be held i agerial training.	own effective system of tasks? o	rganisation in the contexts of
	Study outco	mes and reference to the	educational results for a	ifield of study

STUDY MODULE DESCRIPTION FORM

Profile of study

2. Knows the general rules for creating and developing forms of individual entrepreneurship; uses knowledge from branches of science and scientific disciplines adequately to studied faculties - [T2A_W11:] Skills:

Knowledge:

1. Can do a preliminary economic analysis for undertaken engineering activities - [T2A_U14]

Social competencies:

and their use in engineering practice - [T2A_W08]

1. Is aware of and understands the importance of non-technical aspects and results of an engineering activity including its influence on environment and the responsibility for undertaken decisions - [T2A_K02]

1. Has knowledge necessary to understand social, economic, legal and other non-technical conditions of engineering activity

- 2. Can cooperate and work in a team adopting various roles [T2A_K03]
- 3. Can think and act in a creative and enterprising way [T2A_K06]

Assessment methods of study outcomes

Faculty of Civil and Environmental Engineering

- -Final essay on a given subject
- -Assessment of a student?s participation in classes

Course description

- ?Characteristics of contemporary conditions in time management
- ?Elements of praxeology in organisation of tasks
- ?Contemporary concepts in time management
- ?Time management system GTD
- ?Time management system based on a concept of 7 habits of a highly effective activity
- ?Time management system according to Julia Morgenstern
- ? Creative thinking techniques in time management
- ? IT support in time management

Basic bibliography:

- 1. David Allen: Sztuka efektywności. Skuteczna realizacja zadań. Helion, 2006
- 2. Covey S.: Siedem nawyków skutecznego działania

Additional bibliography:

- 1. Morgenstern J.: Jak być doskonale zorganizowanym
- 2. David Allen: Gotowi na wszystko. 52 zasady efektywności w pracy i życiu. Onepress, 2008
- 3. Skrypt z prakseologii: http://www.broneks.net/wp-content/uploads/2008/12/00_spis_tresci_wstep.pdf

Result of average student's workload

Activity	Time (working hours)		
Student's workload			
Source of workload	hours	ECTS	
Total workload	50	2	
Contact hours	16	1	
Practical activities	0	0	